

Sara Abu Al-Rub

Clinical Pharmacist

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Citizenship: Canadian/Jordanian

Profile

Clinical pharmacist with a passion for using clinical pharmacological knowledge to provide the best possible patient care, ensure patient safety, and collaborate alongside other healthcare providers. Motivated to learn, work with others, and make a productive contribution.

Education

Bachelor of PharmD

Jordan University of Science & Technology, ArRamtha
GPA: 3.53 - Excellent

Sep 2017 - Jul 2023

Skills

- Patient Counseling and Education
- Drug Utilization Evaluation
- Drug Therapy Selection
- Professional Communication with Patients and Healthcare Team

Conferences and Workshops

Hands on training program in Basic Medical Sciences

60-Hour Hands-on training program covering the topics of Basic Medical Sciences at University of Pisa.

Sep 2022

The first medical students conference in Jordan (MSC-JC)

Organizing committee

Sep 2023

Internships

Saraya Pharmacy, Irbid

Jun 2021 - Dec 2021

King Hussein Medical Center, Amman

Internal Medicine and Clinical Nutritional Support Rotations

Jul 2022

Princess Haya Military Hospital, Ajloun

Critical Care Rotation

Oct 2022 - Nov 2022

Princess Basma Hospital, Irbid

Cardiology Rotation

Nov 2022 - Dec 2022

Princess Basma Hospital- Outpatient Clinics, Irbid
Ambulatory Care and Hospital Pharmacy Rotations

Dec 2022 - Feb 2023

Pharmaceutical Research Unit PRU, Amman
Clinical Pharmaceutical Research

Feb 2023 - Mar 2023

King Abdullah University Hospital, ArRamtha
Oncology, Internal medicine, and Pediatrics Rotations

Mar 2023 - Jun 2023

Cetificates

Good Clinical Practice (GCP)

Mar 2023

Publications

1. Abuhammad, S., Abu Al-Rub, S., and Al-Delaimy, W. (2024). Postnatal depression and social support during the COVID-19 pandemic among Arab women in Jordan and the United States: A comparative study. *Electronic Journal of General Medicine*, 21(1), em557.
<https://doi.org/10.29333/ejgm/13965>
2. Abuhammad, S., Alzoubi, K. H., Al-Azzam, S., Alshogran, O., Mehrass, A., Amer, B., Suliman, M., Ikhrewish, R., & Abu Alrub, S. A. (2022). Stigma towards Chronically Ill Patients among Healthcare Workers Caring for COVID-19 Patients during the Outbreak in Jordan. *Nursing Forum*, 2023(1), 2254275.
<https://doi.org/10.1155/2023/2254275>
3. Abuhammad, S., Al-Natour, A., Al-Rub, S. A., & Hamaideh, S. (2024). Intimate partner violence and quality of life among mothers in Jordan during COVID-19 era. *PLOS ONE*, 19(4), e0298669.
<https://doi.org/10.1371/journal.pone.0298669>